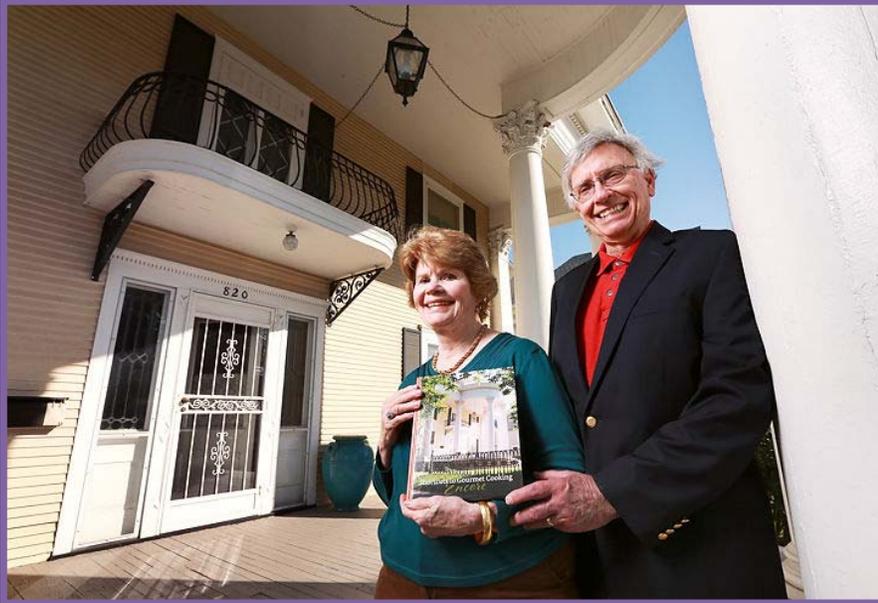


Frances Schaffer



In her second cookbook, *Shortcuts to Gourmet Cooking Encore*, Schaffer focuses on healthful foods without artificial additives and recipes by using white whole-wheat, unbleached, and gluten-free flours. She emphasizes how cooking from scratch is easy, saves you time and money, and is healthier for you and your family.

Shortcuts to Gourmet Cooking Encore

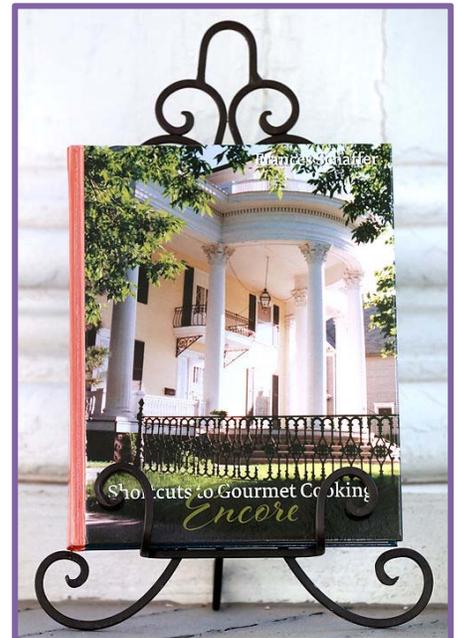
Cookbook Talk

Saturday, December 12th

1:30-3:00 PM in Meeting Room ABC

The former owner of Nonna's Palazzo has a new cookbook!

Many of the recipes in this book can be used for any type of diet. Recipes include options for gluten-free, low cholesterol, and all natural cooking. Come and taste Fran's homemade cookies (regular and gluten-free)!



Books will be available for purchase at the library.

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